



Contact: Tom V. Silva,
Senior Vice President of Marketing and Media;
tsilva@altergroup.com - (847) 568-5897

FOR IMMEDIATE RELEASE

Alter+Care Announces Wellness Plaza at Florida Hospital Wesley Chapel

Chicago, IL (March 1, 2012) – [Alter+Care](#) is developing [Wellness Plaza at Florida Hospital Wesley Chapel](#), a 100,000 SF, three-story medical office and wellness facility adjacent to the new 80-bed Florida Hospital Wesley Chapel Medical Center in Wesley Chapel, FL. Completion is scheduled for fall 2012.

Wellness Plaza at Florida Hospital Wesley Chapel is being developed for the [Adventist Health System](#), a not-for-profit healthcare organization established in 1973 that supports 43 campuses in 12 states and employs 55,000 individuals. Today, Adventist Health System hospitals comprise more than 7,700 licensed beds providing care for four million patients a year in inpatient, outpatient and emergency room visits.

Adventist Health System's flagship, Florida Hospital, is one of the largest healthcare providers in the United States and a national leader in cardiac care.

According to [Donna F. Jarmusz](#), Alter+Care's Senior Vice President for Business Development and Strategic Initiatives, "Wellness Plaza at Florida Hospital Wesley Chapel reflects the new integrated model for healthcare by combining a comprehensive wellness center, physician offices and hospital-based services in one convenient location on the new medical center campus." The building will be connected to the hospital via a short covered walkway. The hospital will have the potential for expansion to 288 beds to be constructed in multiple phases to meeting growing healthcare community needs.

According to John Harding, President, Adventist Florida Hospital Tampa Region, "We are committed to our mission of providing preventive, rehabilitative, acute and ambulatory services to this community. Wellness Plaza at Florida Hospital Wesley Chapel will complement the new medical center and attract community members to the campus to improve and achieve healthier lifestyles."

The 50,000 square foot wellness center will include a 25-meter lap pool; warm water therapy pool; men's, women's and family locker rooms; an indoor walk/jog track; massage services; group exercise studios; conference rooms; cardio and free weights equipment; heart-healthy café; logo shop; disease management and wellness education programs. The remainder of Wellness Plaza at Florida Hospital Wesley Chapel will be leased to physicians and ancillary healthcare service providers.

Wesley Chapel, approximately 25 miles north of downtown Tampa, is an active-lifestyle community, located in Pasco County, the nation's 38th fastest growing county.

"The Adventist commitment to whole-person care is embodied in the CREATION Health model. This is a blueprint for living a healthy and happy life based on Choice, Rest, Environment, Activity, Trust, Interpersonal relationships, Outlook and Nutrition", according to Brian Adams, President and Chief Executive Officer, Florida Hospital Wesley Chapel Medical Center.

"The hospital is designed to give residents in this community access to innovative healthcare services, state of the art technology and health and wellness programs and services," Adams said. "The hospital will offer obstetrics, orthopedics, sports medicine, general surgery, men's and women's care, a wellness center and a full-service emergency department with a helipad -- all features that will serve the Wesley Chapel area's growing demographics."

The base building architect is Hunton Brady Architects, an Orlando-based design-oriented architecture and interior design firm with a deep commitment to outstanding overall service. The firm has received more than 50 awards for design excellence including the American Institute of Architects Florida Firm Award and the first-ever AIA Orlando Firm of the Year Award.

The wellness center at Wellness Plaza at Florida Hospital Wesley Chapel was designed by Ohlson Lavoie Collaborative (OLC), a highly respected international architecture firm headquartered in Denver and with offices in Orlando, Tokyo and Cairo. Award-winning OLC specializes in the design of wellness centers, sports training facilities, university recreation centers, public recreation, golf clubhouses, and a broad range of aquatic projects.

Alter+Care is an investor, developer and owner of ambulatory medical facilities and consistently ranked by *Modern Healthcare* as one of the nation's leading healthcare real estate companies. In addition, Alter+Care professionals provide wellness operations and management expertise to healthcare clients. The firm is an affiliate of [The Alter Group](#), honored by NAIOP, the Commercial Real Estate Development Association, as the 2010 National Developer of the Year.

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